



30 AUG / 31 AUG / 1 SEPT

MOUNTAIN SPIRIT - YOGA SOUL

[www.inspireyogafestival.com](http://www.inspireyogafestival.com)



 Banque Cantonale  
du Valais



**VERBIER**





At mountain locations across Verbier in the heart of the Swiss Alps, everyone is welcome.

Internationally renowned guest teachers include:

Larah Davis, Tapashi Devchoudhury, Pia Dyson, David Gaillard, Susie Howell, Anita Jetzer,  
Penney Megginson, Lisa Nicholas, Jeff Phenix.

SUNRISE MOUNTAIN YOGA

ANATOMY WORKSHOP

ARM BALANCE PARTY

RELEASE AND RECONNECT

FLOW AND GLOW

MIND OVER MATTER

PRANAYAMA & MEDITATION

CHANNELLING CHI

SOUND HEALING

YOGA NIDRA TO RESTORE

ORGANIC LOCAL PRODUCE

FESTIVAL FEASTS

**MOUNTAIN SPIRIT - YOGA SOUL**

Tickets now on sale: [www.inspireyogafestival.com](http://www.inspireyogafestival.com)